



Post: PO Box 101-934, NSMC, North Shore City  
E-mail: { [HYPERLINK "mailto:club@nhcc.org.nz"](mailto:club@nhcc.org.nz) }, Race entry { [HYPERLINK "mailto:entry@nhcc.org.nz"](mailto:entry@nhcc.org.nz) } Website: { [HYPERLINK "http://www.nhcc.org.nz"](http://www.nhcc.org.nz) }  
Event cancellation phone: 021 147 4998

## September 2010 Newsletter

### **Ramblings from the President**

Spring is due in a couple of days and we are all looking forward to the arrival of some dry and settled weather. A wet winter has been pretty tough on riders and gear so well done to those of you who have endured the last few months. I personally can't remember a dry ride for many a month. As I write this they are starting to clean up Stadium Southland where the snow collapsed the roof over the weekend. Luckily with no injuries and on initial reports no damage to the velodrome. Perhaps our riding conditions haven't been too bad after all!

It has been a while since the last club communication so I will try to cover things that have occurred of note. But, more importantly, look forward to what's coming up in the near future.

As always, we will be looking to club member support running events as we head into summer so please make yourselves available when call upon.

Cheers,  
Graeme

## Celebrating Success

We do try to keep a track of the many, many events that our riders and members are competing in but please don't be offended if you have been missed off the list as unless we're told we may not have it recorded.

Firstly goes congratulations for success on the world stage.

Georgia Williams was a key member of the NZ U19 Team Pursuit that brought home Silver from the Junior World Track Championships to go with her 10<sup>th</sup> placing in the Individual Pursuit.

Maddie Dillon represented New Zealand at the Youth Olympics held in Singapore. Maddie brought home the Silver in the mixed team triathlon to go with her 8<sup>th</sup> placing in the individual triathlon.

BikeNZ have recently announced their U19 Squad to compete at the 2011 Oceania Track Championships to be held in Adelaide in November. Congratulations to NHCC members Racquel Sheath and Georgina Wilson for their selection in this team.

The U19 men headed to Canada for the Tour de l'Abitibi. NHCC were represented by Dion Smith and James Oram. James finished in 4<sup>th</sup> on GC and the team a very creditable 2<sup>nd</sup> in the team standings.

## Auckland Road Champs

A reminder to get you entries in for the Auckland Road Champs to be held October 16 and 17. Entries on line at { [HYPERLINK "http://www.nhcc.org.nz/events.html"](http://www.nhcc.org.nz/events.html) } .

This event is being hosted by NHCC. We will need your help. The following club members were rostered on earlier this year. Can you please make sure you make yourself or a family member available for the day?

Saturday 16 October (Auckland Road Champs), Taupaki Hall

Time TBA – morning team.

6	terry	Baucher
6	Cory	Canning
6	Elle	Dalton
6	Daniel	Furminger
6	Hamish	Hill
6	Philippa	MacDonald
6	Libby	Morrison-Jones
6	Madison	Oram
6	Benjamin	Reynolds
6	Regan	Sheath
6	Freya	Svendsen

6 Jemima Wasson

Time TBA – afternoon team

7 Kane Beazley  
7 Carlos Charlton  
7 Andree De Jong  
7 Steve Furminger  
7 Lauren Hobson  
7 Chris Macic  
7 Brian Mumme  
7 David Osten  
7 Lydia Rippen  
7 Reon Sheath  
7 Hannah Sykes  
7 Hugh Wilkie

Sunday 17 October

Time TBA – morning team

8 Hannah Beazley  
8 Kate Chilcott  
8 Nicolo De Jong  
8 Matt Gilbert  
8 Sam Horn  
8 Clare Mandeno  
8 Lynette Murphy  
8 Mitch O'Sullivan  
8 Bruce Roberts  
8 Mireille Sitters  
8 Racheal Sykes  
8 Isabella Williams

Time TBA – Afternoon team

9 Caelif Bishop  
9 Sally Cinjee  
9 Harry Dillon  
9 Paul Gilkison  
9 Geoff Ireland  
9 Stephine Masson  
9 Laura Newman-Watt  
9 Ben Park  
9 Harry Ross  
9 Dion Smith  
9 Nicolas Teeboon  
9 Paul Williams

## **Team Time Trial Nationals**

Lynn is still waiting to hear from riders wanting to compete in the Club National Team Time Trial Championships to be held in Hamilton over Labour weekend.

Further information can be found at: { HYPERLINK "http://www.bikenz.org.nz/Article.aspx?ID=4795" } .

Lynn is putting together teams from NHCC or can assist you if you have a club team you would like to put together yourself. Contact Lynn at { HYPERLINK "mailto:LPM@itwcs.co.nz" } .

## **North Harbour Spring/Summer Criterium**

Summer is rolling around again and so our flagship criterium begin again at North Harbour Stadium.

Starting: Tuesday 5<sup>th</sup> October  
Frequency: Every Tuesday until December 7  
Time: First race at 5.45 p.m. (Novice)  
Grades: A, B, C, D, Novice

Be there for great racing again.

Spread the word amongst your fellow riders to come along and hone their racing skills.

## **Electronic Timing**

Your NHCC committee has spent a long time reviewing the purchase and use of an electronic timing system for the club. At the committee meeting last Thursday we voted in favour of seeking funding support with the view to purchasing the Times7 electronic timing system.

For the last couple of years BikeNZ has thrown its support behind the Times7 system as the standard for the competitive and recreational cycling platform. The vision is to have a national performance database where all your performances can be recorded and you can make comparison with your peers around the country.

For NHCC we see great benefits in the running and results generation of our criterium series as well as our road races. It also provides some great opportunities for us to introduce other racing formats with the electronic system allowing an easier result to be generated.

The cost is not insignificant. The investment approved by your committee is around \$25,000 + GST with an expected life of the system of around 10 years. We will be

applying for community trust funding to support this and would welcome any other interest for funding support from members.

Rest assured, we will NOT proceed with the commitment without a significant percentage of the cost covered by external funding. While we have funds in the bank to cover some of this cost, we will not put our club at risk by spending beyond our means.

While the committee has approved the progression to seeking funding, we would welcome member input to both the decision and the funding process. Please email your thoughts to { HYPERLINK "mailto:president@NHCC.org.nz" } .

Assuming we go ahead with the purchase, we will need both technical and administrative support from our club members to ensure we get the best out of the system. Should you have an interest or some expertise in this area we would love to hear from you.

## **Commissaires Course**

The previously advertised BikeNZ commissaires still has some spots available. Ref: { HYPERLINK "http://www.bikenz.org.nz/Article.aspx?Mode=1&ID=5455" } . If you are interested in this rewarding support for cycling then you can contact Lisa Ward at BikeNZ directly on { HYPERLINK "mailto:Lisa@bikenz.org.nz" } .

## **Omnium Training Workshop**

Please find below an important note from Lynn Murphy.

Hi All,

BikeNZ is pleased to give you the opportunity to have BikeNZ High Performance Development Coach Stuart MacDonald run a junior omnium coaching workshop in your region.

Stu joined BikeNZ in late 2009. BikeNZ poached him from the UK where he was the national under 17 coach for the Great Britain Cycling Team. Stu has a strong cycling background, both racing and coaching at the top level. Since being on board with BikeNZ he has been in charge of ensuring that there is depth within the high performance program and that there is a bunch of riders hot on the heels of those already leading the squad. For the last four months Stu has been running the BikeNZ track development program in Europe. He is currently in Bordeaux with the track squad in the lead up to the Commonwealth Games.

With the change in the Olympic format there is a greater emphasis being placed on all-round track riders through the inclusion of the omnium. It is vital that this development starts at

the under 17 age group, as these young riders are going to be the New Zealand cycling stars from 2016 onwards.

Who: the course is for under 17 riders (these riders would need to have been nominated by their club). It is important that we have as many riders participating in these sessions as possible, and it is vital that all riders have previous track racing experience.

What: a 3-4 hour workshop: 2-3 hours on the track, and a one hour classroom session

Cost: Riders would be charged \$30- \$40 for the course, with a contribution of this going back to centre to cover costs

All coaches and athletes wishing to attend please contact me as soon as possible on { [HYPERLINK "mailto:president@nhcc.org.nz"](mailto:president@nhcc.org.nz) } to secure your place with this fantastic opportunity.

A lot of important stuff this time.

Please contact me if you have any queries or input on any of these issue or other matters for your club.

Best regards and stay safe on those roads.

Graeme